



## Programme of Short Courses and Interest Groups 1<sup>st</sup> Semester 2018

February to June 2018

*Prior booking is essential for all courses (Phone or email)*

**Attendance is for U3A members only**

Name	Group	Day and time	Contact Nos.	Email	Venue
<b>MONDAY</b>					
Una Rowlands <i>Phone if you are interested.</i>	<b>French Conversation</b> The classes run throughout the year, without a break except for individual holidays and the December holidays. With a language it is important to have continuity and repetition, so we prefer not to stop when the U3A semesters end.	<b>Group 1</b> Mondays 14:30 - 15:30 <b>Starts: 5 February 2018</b>	083 709 8511	<a href="mailto:unarowlands@gmail.com">unarowlands@gmail.com</a>	2 Ninth Avenue Highlands North
Roy Wiggill	<b>Personal Finance Discussion Group</b> Keep up to date on current developments in financial matters and issues relevant to retirees.	Time 10:00 – 11:00 2 <sup>nd</sup> Monday 12 February 9 April 11 June	011 887 8778 0824922705	<a href="mailto:rowig@mnet.co.za">rowig@mnet.co.za</a>	Sunshine Room First Floor Fleming House Randjes Estate
<b>TUESDAY</b>					
Rick Horwitz and Colleen Loopuyt	<b>Art workshops</b> For people interested in drawing and painting together. There is no formal teaching but participants learn from each other. <i>NB participants supply their own materials.</i>	The group does not break in July. Starts: 6 February 2018 3 Tuesdays a month from 9:00 – 12:00 and 2 <sup>nd</sup> Monday of the month.	Rick Horwitz 011 440 0542 076 978 7276 Colleen Loopuyt 011 440 5628 082 552 0932	<a href="mailto:rickhorwitz1000@gmail.com">rickhorwitz1000@gmail.com</a> <a href="mailto:colandpiet@gmail.com">colandpiet@gmail.com</a>	46 Wesley Randjes Estate
<b>Coral Wilder</b> A qualified Logotherapist and Creativity Coach with a background in conservation and marketing. She has studied the use of images/picture	<b>Creative Practices</b> Tapping into your creativity is fun, enhances your life and is for everyone. Creativity is accessible and available to each of us and can be found everywhere. N.B. Bring:- a couple of magazines, scissors,	First Tuesday of the month. 09h30-12h30 6 February 6 March 3 April 1 May (no course) 5 June.	011 622-8793 083 450-9148	<a href="mailto:coralw@telkomsa.net">coralw@telkomsa.net</a>	Sunshine Room First Floor Fleming House Randjes Estate

s in life storytelling and has had fun using them in her own life and in the lives of many groups and individuals.	a glue stick and one sheet of A3 paper				
<b>WEDNESDAY</b>					
Carol Alexander	<b>Randjes Birders of U3A Joburg East</b>	Last Wednesday of the month. Time: 10:00 28 February 28 March 25 April 30 May 27 June	011 440 3104 083 408 1493	<a href="mailto:sithanda@iafrica.com">sithanda@iafrica.com</a>	708 Carlingford
Tracy Korsen	<b>Bobby Locke</b> The story of Bobby Locke over the years by a childhood friend.	14 March 2018 10:00	082 967 2529	<a href="mailto:tracykorsen@telkomsa.net">tracykorsen@telkomsa.net</a>	Sunshine Room First Floor Fleming House Randjes Estate
<b>THURSDAY</b>					
Ruth Leveson	<b>Musical Appreciation</b> Classical music, periods favoured by the members such as classical and romantic, sometimes accompanied by DVD's. Explanations are given with an introductory accompaniment on the keyboard.	Every third Thursday at 10:00. 15 February 15 March 19 April 17 May 21 June	011 887 5557 082 502 2291	<a href="mailto:ruthleveson7@gmail.com">ruthleveson7@gmail.com</a>	The Owl and the Guinea Fowl Randjes Estate
Jill Traill	<b>U3A Film Society</b> Enriching films including dramas and documentaries.	Thursday afternoons at 14:00. Starts: 1 February	011 786 6162 or leave a text message with name and number on 083 267 5075	<a href="mailto:jtraill@telkomsa.net">jtraill@telkomsa.net</a>	Rotary Hall Randjes Estate
Jill Traill (numbers are limited)	<b>Exploring Poetry Course 2</b>	Thursday morning at 10:00. 1 March 8 March 15 March 22 March	Please book with Jill on 083 267 5075 or 011 786 6162.	<a href="mailto:jtraill@telkomsa.net">jtraill@telkomsa.net</a>	Venue: Jill's house  137 East Randjes Estate .
Jill Traill (numbers are limited)	<b>Exploring Poetry Course 1 (Repeat)</b>	Thursday morning at 10:00. 7 June 14 June 21 June 28 June	Please book with Jill on 083 267 5075 or 011 786 6162.	<a href="mailto:jtraill@telkomsa.net">jtraill@telkomsa.net</a>	Venue: Jill's house  137 East Randjes Estate .

FRIDAY					
Una Rowlands <i>Phone if you are interested.</i>	<b>French Conversation</b> The classes run throughout the year, without a break except for individual holidays and the December holidays. With a language it is important to have continuity and repetition, so we prefer not to stop when the U3A semesters end.	<b>Group 2</b> Fridays 9:30 to 10:30 Starts 2 February	083 709 8511	<a href="mailto:unarowlands@gmail.com">unarowlands@gmail.com</a>	2 Ninth Avenue Highlands North
Maggie Holliday	<b>The Theatre Club</b> Phone Maggie for further details if you are interested in participating.	Performances: Practice days to be agreed by the group. Rehearsals are fluid. Audition dates to be announced. The Theatre Club is planning to present their next production early in April. .	011 494 6832	<a href="mailto:maggieholliday@telkomsa.net">maggieholliday@telkomsa.net</a>	Rotary Hall

*We welcome suggestions for additional interest /small groups.*

**U3A Joburg East members are welcome to participate in the following activities:**

#### **At Randjes...**

- **Johannesburg Branch of the Genealogical Society of South Africa** - experienced genealogists will assist you in your family research. The branch meets on the third Saturday of the month in the RJM Hall, Randjes Estate. Contact David 082 808 4864.
- **The South African Seniors Fitness Association (SAFSA)** - Mondays 9h00-10h00 Contact Myrlea at 011 885 3155 and join in the fun of exercising to music.
- **Eastern Bonsai Society** - 2<sup>nd</sup> Saturday each month Tel Errol (w) 011 495 6508; 083 419 3109.
- **Line Dancing** – 10h00- 11h00 - Wednesdays in the RJM Hall. – R60 per month. To book phone Margie 011 887 7366.
- **Gardening Forum** - Meetings take place on the first Wednesday of every month at 10:30, Contact Guy Young 011 440 8353 [lesjeunes@mweb.co.za](mailto:lesjeunes@mweb.co.za) . *Note that the Gardening Forum does not operate under the auspices of U3A Joburg East.*

#### **At Hilson Park**

- **Croquet** Hilson Bowling Club in Louis Botha offers Golf Croquet on a Tuesday and Friday from 9 – 11 am. Participants may borrow mallets and coaching is given. It's an exciting sport and games last no longer than 45 minutes after which refreshments can be taken in the club if desired. If players are keen they may play at other clubs and enter tournaments in Johannesburg and around the country throughout the year. Contact Jo Meintjes on 011 326 2630 or 082 969 0200.

In Fairwood

Name	Group	Day and time	Contact Nos.	Email	Venue
Stanley Peskin	<b>Film Study</b> (in conjunction with U3A Johannesburg Branch) R10 per session	Thursday 13:00 - 16:00 <i>Please phone or email to book</i> <i>No break in July.</i>	072 240 2997	<a href="mailto:stanley.peskin@gmail.com">stanley.peskin@gmail.com</a>	9 Babington Street Fairwood <b>Parking attendant, Musa, is happy to assist.</b>
Jonathan Hurwitz	<b>Ballet Films</b>  Cost R120 per session includes talk, film and supper	16:30 for 17:00 1 <sup>st</sup> Sunday of the month <i>Phone/email to book</i> <i>No break in July.</i>	082 859 2788	<a href="mailto:jonhurwitz@lantic.net">jonhurwitz@lantic.net</a>	9 Babington Street Fairwood <b>Musa, the parking attendant is happy to assist.</b>
Stanley Peskin	<b>Opera</b> Cost R100 per session includes talk, film and supper.	17:30 2 <sup>nd</sup> Sunday of the month <i>Phone/ email to book</i> <i>No break in July.</i>	072 240 2997	<a href="mailto:stanley.peskin@gmail.com">stanley.peskin@gmail.com</a>	9 Babington Street Fairwood <b>Parking attendant, Musa, is happy to assist.</b>
Stanley Peskin	<b>Film Study</b> Cost R100 per session includes talk, film and supper.	17:30 4 <sup>th</sup> Sunday of the month <i>Phone/email to book</i> <i>No break in July.</i>	072 240 2997	<a href="mailto:stanley.peskin@gmail.com">stanley.peskin@gmail.com</a>	9 Babington Street Fairwood <b>Parking attendant, Musa, is happy to assist.</b>
<b>MONDAY</b>					
Stanley Peskin (no charge)	<b>Opera</b>	Monday 13:00 <i>Confirm and book with Stanley.</i> <i>No break in July.</i>	072 240 2997	<a href="mailto:stanley.peskin@gmail.com">stanley.peskin@gmail.com</a>	9 Babington Street, Fairwood <b>Parking attendant, Musa, is happy to assist.</b>